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## The Parthenon, September 30, 2016

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weekend edition

# THE PARTHENON

FRIDAY, SEPTEMBER 30, 2016 | VOL. 120 NO. 10 | MARSHALL UNIVERSITY'S STUDENT NEWSPAPER | marshallparthenon.com | SINGLE COPY FREE



BOB WOJCIESZAK | PARTHENON

Marshall University TE Emanuel Byrd runs over Akron University defenders Shawn Featherstone and Larry Hope during first half football action Saturday at Joan C. Edwards Stadium in Huntington.

## Herd hopes to bounce back:

Marshall Football will take on the University of Pittsburgh at 7 p.m.

This Saturday, Marshall travels to Heinz Field in Pittsburgh to face off against the University of Pittsburgh Panthers.

The University of Pittsburgh was established in 1787 as Pittsburgh Academy and was renamed as the University of Pittsburgh in 1908.

About 100 years after its founding, Pitt established its football program. Pitt football participates in the Atlantic Coast Conference as an NCAA-Division 1 program. Since the inception of its football program, Pitt football has claimed nine national championships. Amongst all universities

with a football program, Pitt has the third most former players in the Pro Football Hall of Fame and the fifth most in the College Football Hall of Fame.

Pitt's head coach is Pat Narduzzi, who has posted a 10-7 record since taking over as head coach in 2015. Pitt shares their stadium,

Heinz Field, with the NFL's Pittsburgh Steelers.

Pitt has produced 289 NFL players, eight of which have been inducted into the Pro Football Hall of Fame. Some notable former Pitt football players are Mike Ditka, Tony Dorsett, Larry Fitzgerald, Dan Marino, LeSean McCoy and Darrelle Revis.

Read Jacob Griffith's game preview on page 4 and online.

## Amicus Curiae lecture fuels discussion on partisanship, politics

By TOM JENKINS  
THE PARTHENON

With a frustrated nation torn during this election season, Marshall University has brought in speakers to help educate students about our nation's politics before they hit the voting booths.

The Amicus Curiae Lecture Series began Thursday with Dr. Alan I. Abramowitz of Emory University. Abramowitz spoke to Marshall students on the topic of "Donald Trump, Hillary Clinton and the Polarized American Electorate: What to Expect in November."

Abramowitz is a political science professor who has written many books on U.S. politics, such as "The Disappearing Center" and "The Polarized Public." He specializes in national politics, polling and elections.

The lecture is meant to explain why the two political parties are so alienated.

"Democrats and Republicans increasingly don't like each other," said Abramowitz. "This is what we political scientist call affective polarization. Which is just a fancy way of saying we don't like each other."

The presentation continued with statistics and graphs breaking down why there has become such a divide within our political system. Abramowitz covered hot button topics such as race, religion and regional division. He stated that the divide hasn't only been created by the political leaders but more by the supporters.

"It's not just the leaders that we don't like talking about, it's the other supporters that we don't like. We don't even want our kids marrying them," Abramowitz said.

He then showed a graphic showing that 50 percent of Republicans and

a third of Democrats are against the idea of their children marrying supporters of the other party.

The lecture centered around the idea that it wasn't just this election and these candidates that have polarized the nation, instead it has been a steady slope into the state we are in now. Each election has slowly pulled voter views further to the right and left.

Since the 1988 election, the political scientist has predicted the popular vote winner within two percentage points in every election for the U.S. president. Although he did not give his prediction, he did show how each candidate could lose votes and gain votes.

"We'll have to wait till after the election, but with the growing issues in this country we will most likely see a drop in the number of Republicans in this country from 2014 to 2016," said Abramowitz.

He also explained the possibility of the third party candidates, such as Gary Johnson and Jill Stein, taking away from the votes in this election especially on the Clinton side.

"Gary Johnson will not be the next president of the United States, sorry Gary Johnson supporters. But he could determine the next president by way of steal votes from the two main parties," Abramowitz said.

The Alumni center had a packed house for the lecture, and although there were people who represent each party, Abramowitz was able to give the students of Marshall and people of Huntington a clearer understanding when they head into the booth in November.

Tom Jenkins can be contacted at [jenkins194@marshall.edu](mailto:jenkins194@marshall.edu).

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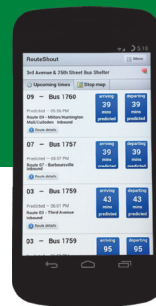
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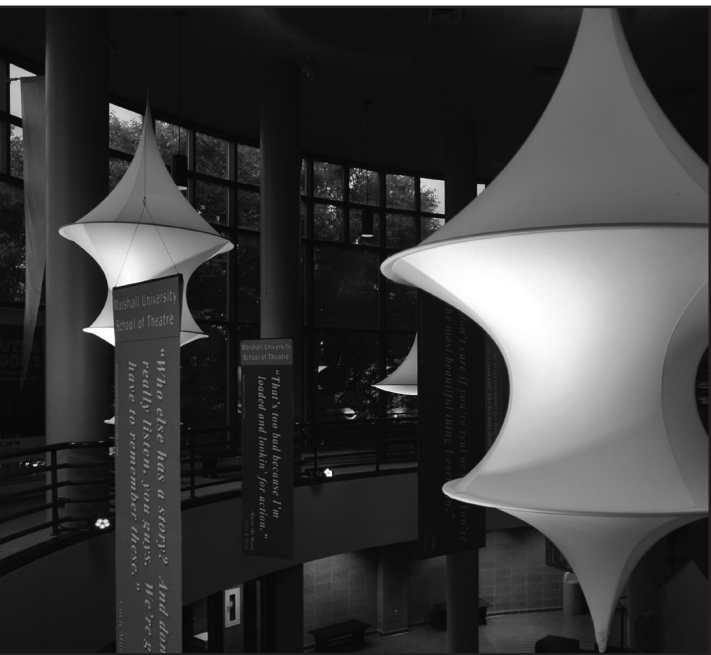
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## Theater dept. releases 2016-2017 lineup



RYAN FISCHER | THE PARTHENON

The Joan C. Edwards Playhouse will present a variety of plays in the 2016-2017 school year, including “Picnic,” “Circle Mirror Transformation” and “The Huntington Nutcracker.”

**By CHRISTIAN DAVIS**  
**THE PARTHENON**

The Marshall University theater released their line up for the fall and spring semester, which allows students and the community to see the upcoming productions.

The 2016 and 2017 theatre season includes “Picnic,” “A Christmas Carol,” “Circle Mirror Transformation,” “Guys & Dolls,” “Antigone” and “The Huntington Nutcracker.”

Sam Kincaid, project coordinator for the school of theatre, said the most exciting part about the lineup is the diversity that it will bring this season.

“That’s what the faculty strives to give the students the four years here in the program,” Kincaid said. “Whether they’re performance major or design major, what they want

to do is give the students as wide a breadth of experience as possible.”

Kincaid said that performing and visual art students are not the only ones allowed to audition for productions put on by the university.

“There is something for everybody,” Kincaid said. “Any Marshall University student who is currently enrolled, because they pay activities fees towards this program, they can audition for any show. If you check towards the end of each semester you can see the audition dates announced and the requirements in terms of what they might need to prepare and things like that.”

Barry Westmoreland, business and management student at Marshall University, said he also

has a heart for theatre and has recently found himself among new friends in the program.

“My favorite thing about Marshall’s theatre are the people and getting the chance to perform,” Westmoreland said. “When it comes to auditioning, always be prepared. If you forget a word or sentence in your monologue, take a second to recover and go back into it. Continue to just breathe and relax and everything is going to be okay.”

Westmoreland said the best advice is to get involved with those from previous productions.

“Get to know the theatre major students,” Westmoreland said. “So many personalities, quirks, fun and talented people make up Marshall’s theatre. For someone

undecided due to nervousness, I recommend just taking the risk. There are so many opportunities available.”

Tickets for the productions are located at the box office in the Joan C. Edwards Playhouse and are free to all currently enrolled Marshall students with a valid I.D.

Members of the community can purchase a ticket at \$20 and ages 60 and over, including staff, have tickets available to them at \$15.

Tickets may be purchased from Monday through Friday from 1 to 4:30 p.m. and people have up until 90 minutes before any production to grab their ticket at the door.

**Christian Davis can be contacted at [davis823@marshall.edu](mailto:davis823@marshall.edu).**

## New Biomechanics program director

**By NOAH GILLISPIE**  
**THE PARTHENON**

Suzanne Konz, Ph.D., is an associate professor, the biochemical labs director and is the biomechanics program director for both the undergraduate and new graduate program at Marshall University.

She said she is excited about how many students are in the undergraduate program and can only see it expanding as people realize what interesting things can be done with a degree in the biomechanical field.

Konz gave some examples of what people can do in the field, such as gathering data from helmet collision trackers in football and using those numbers to determine how

to combat concussions before they happen.

Another was gathering data on players using a device that measures power to find out when athletes begin to get tired and when they need to be taken out for safety reasons. Also, studying the differences between certain types of tackles, such as the lunge tackle and the hawk tackle, and which are more effective in preventing injury.

The field of biomechanics in relation to athletes and sports is something Konz has much experience in. Konz moved to Salt Lake City, Utah with the sole intent of getting involved in the 2002 Winter Olympic Games. She ended up becoming

a volunteer athletic trainer for countries who didn’t have their own sports medicine staff in events such as the bobsleigh, luge and skeleton.

She also has helped with the National Football League Scouting Combine for eight years. There she is part of a medical testing group there where they do ice kinetic testing. Ice kinetic testing uses a device called a dynamometer and it tests the subject’s torque, power and for knee anomalies in a controlled environment. Konz said these tests are important to teams when picking up an athlete and making sure the athlete has an unlikely chance of getting injured severely and to see how fit and strong the athlete is

compared to others.

She has worked with helping people train for other Olympics, including Beijing and Rio, the World Cup and others.

She also said that she loves working with Marshall’s athletics programs to help them implement biomechanics.

“Now that we have the undergraduate and graduate programs a lot of the things that I’m doing will be taken care of by students because that’s what should happen,” Konz said. “I shouldn’t be in the forefront; I should be giving my students the opportunities that they want.”

**Noah Gillispie can be contacted at [gillispie51@marshall.edu](mailto:gillispie51@marshall.edu).**

## Marshall Family Medicine weekend hours extended

**THE PARTHENON**

Marshall Family Medicine will extend their walk-in hours to Saturdays beginning Oct. 1. According to a press release, the clinic will be open Monday through Friday from 8 a.m. to 8 p.m. and Saturdays 10 a.m. to 2 p.m.

The clinic is located on the first floor of the Marshall University Medical Center, 1600 Medical Center Drive.

The physicians and staff from Marshall Family Medicine will

care for patients of all ages, pediatric to adult, for a variety of minor injuries and unexpected illnesses. The clinic will also offer flu shots for the upcoming flu season.

Due to construction of a parking garage, visitor parking in the Marshall Medical Center and Cabell Huntington Hospital parking lot will be reconfigured. According to another news release, there will be signs directing visitors to the appropriate areas.

## C-USA commissioner visits Huntington for Louisville game

**THE PARTHENON**

Conference USA Commissioner Judy MacLeod was at Joan C. Edwards Stadium last Saturday as Marshall took on Louisville. The commissioner took questions from the press before the

game to talk about the state of the conference and the impact that Marshall’s game against Louisville had.

“Our ADs have done a nice job getting games like this in our stadiums,” MacLeod said. “Every time we have

**“All we have to do is work with our programs and try to get better every day.”**

**- Judy MacLeod**

that opportunity to play well against the opponents, it’s important to us.”

Over the summer, Conference USA agreed to a new television deal in which four partners (ESPN, CBS, The American Sports Network and beIN SPORTS) will share the broadcast rights to conference basketball and football games for the next season.

“We feel like the exposure is great and we’re happy to be with ESPN. CBS has pulled out all the stops and put the sky cam in and it really promotes this game,” MacLeod said. “We’ve been really impressed with our new partner beIN as far as their preparation and their production capabilities,

so that’s been a pleasant surprise.”

MacLeod also spoke about the challenges that the conference faces being a Group of Five Conference (AAC, C-USA, MAC, Mountain West Conference and Sun Belt) instead of a Power Five Conference.

“It is a challenge,” MacLeod said. “All we have to do is work with our programs and try to get better every day. I think we have the opportunity to take some chances that other people might not have. Everybody is ultra-competitive and they want to beat each other, but, at the end of the day, we need everybody’s programs to get better.”



MUTV

Conference USA Commissioner Judy MacLeod was in town last Saturday to watch the Herd take on the No. 3 team in the country, Louisville.

## “Don’t Hyde Your Green” Saturday

**THE PARTHENON**

The non-profit WV Free will host a “Don’t Hyde Your Green” color explosion from 3 to 5 p.m. Saturday at Buskirk Field.

“We’re celebrating reproductive justice and talking about why we’re protesting the Hyde Amendment,” said Hallie Andrews, senior and president of Students for Reproductive Justice.

The event will feature a color explosion with green powder, similar to the powder used in The Color Run.

Andrews said this is not the

first event she has done with WV Free, but since she has been at Marshall, very few events on reproductive justice have taken place.

“I’m glad we’re doing more with [WV Free] on campus,” Andrews said.

The event will continue at Black Sheep Burrito and Brews with Happy Hour before the Marshall University vs. Pitt game.

Andrews said she looks forward to students coming together and getting to know professional activists in the area.

A regional infertility treatment center is seeking women 20-32 years old willing to donate their eggs anonymously to infertile couples. Treatment involves an approximate 10-20 day course of daily injections, followed by an outpatient egg retrieval procedure done under intravenous sedation. Donors who are accepted and complete a treatment cycle will be paid \$2,000.

**Interested individuals should call 304.526.2652 for additional information and application materials.**

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Marshall football hits road for first time in 2016

BY JACOB GRIFFITH  
THE PARTHENON

After falling to number-three Louisville last week in a lopsided affair, Marshall now faces yet another tough test against their second straight Atlantic Coastal Conference opponent, the Pittsburgh Panthers.

Marshall enters Saturday’s showdown in the midst of their first two-game losing streak since the 2013-2014 season, which saw them lose back-to-back games to Ohio University and Virginia Tech. Despite the Herd falling below .500 early in the season, head coach Doc Holliday says his team isn’t focused on their record.

“It’ll be a great challenge for us,” Holliday said. “To go on the road for the first time, it’s important ... Pitt’s an extremely tough football team so we have to make sure we take our toughness and our leadership on the road, that’s what you have to do.”

Holliday and the coaching staff were put in a bind last week as regular starting quarterback Chase Litton was ruled out prior to the Herd’s showdown with the Cardinals. In his place, true freshman Garett Morrell made the start, forcing Holliday to considerably shrink the play book. But Marshall received positive news on the quarterback front, as it was announced Litton had been cleared Tuesday to practice, and subsequently play versus the Panthers.

Holliday stressed the signal-caller will be ready to go, anxious after missing one of Marshall’s biggest contests in years.

“There’s no question, anytime you’re a competitor, you want to go play,” Holliday said. “Him not having the opportunity, it hurts, but that’s the way it is and he’s got to get prepared for this week.”

Quarterback play was not the only area of concern heading into this week. The Herd has struggled to get their running game going early this season, prompting Holliday to start redshirt-junior running back Tony Pittman for the first time this season. Holliday also said that sophomore running back Anthony Anderson will see increased snaps, as well. As it stands right now, Marshall averages 159.7 rushing yards per game, good enough for the 84th best per-game total in all of college football.

On the flip side, the Panthers boast a prolific running game as

the 15th-best rushing team in the Football Bowl Subdivision (FBS). Led by James Connor, Pitt’s running game could cause a number of problems for Marshall’s defense, who enters the game ranking in the bottom of Conference USA in terms of total defense.

“If you look at that team, they’re coached tremendous,” Holliday said. “They’re extremely physical ... you look at all three phases, they’re a mirror image of [head coach Pat Narduzzi]. Defensively, offensively, they get after the ball.”

One of the biggest stories heading into the game is Panthers’ running back, James Conner. Conner missed most of last season after tearing ligaments in his knee. In the winter, Conner was diagnosed with Hodgkin lymphoma. After undergoing treatment all offseason, Conner was declared cancer-free in May, making headlines and inspiring countless fans.

“Anytime, number one, you have a kid that beats cancer the way he did, I mean, you guys have seen the same thing I have, the attitude he took toward tackling that fight he had to fight is just unbelievable,” Holliday said.

The Herd enters Saturday’s contest as a 15.5-point underdog. The game kicks-off at 7:30 p.m. Eastern Time at Heinz Field, home of the National Football League’s Pittsburgh Steelers.

Jacob Griffith can be contacted at [griffith142@marshall.edu](mailto:griffith142@marshall.edu).



Richard Crank | The Parthenon

RICHARD CRANK | THE PARTHENON

The Thundering Herd spent the first four weeks of the college football season in Huntington and finally hits the road for the first time this year on Saturday. Marshall and Pittsburgh meet at Heinz Field, home of the National Football League’s Pittsburgh Steelers, and it will mark the first ever game between the two schools. The Herd’s back to back home losses under head coach Doc Holliday are the first since 2012 under his guidance of the program.

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MUTV

# Marshall Athletics opens time capsule after 25 years

THE PARTHENON

Before Marshall University began construction on the now-named Shewey Building prior to the 1991 season, the athletic department opted to bury several items of interest on the grounds in a time capsule.

On Tuesday, the athletic department unearthed that time capsule, unveiling treasures from past Marshall seasons.

Included in the time

capsule were game-worn home and away uniforms, including a helmet, as well as a game ball from the Thundering Herd's first game in their newly-opened stadium, which was then named Marshall Stadium. The athletic department also buried a game program from their inaugural contest in the new facility and the full-length broadcast.

Joe Fagans, Marshall's current golf coach, was

one of the many responsible for putting together the time capsule.



"We weren't really sure how well [the contents] would hold up," Fagans said, although he still went through with the idea.

Fagans said businesses were able to put business cards in the capsule, as well, and a copy of former Herd coach Cam Henderson's bio was included with the items.

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## THE PARTHENON

The Parthenon, Marshall University's student newspaper, is published by students Monday through Friday during the regular semester and Thursday during the summer. The editorial staff is responsible for news and editorial content.

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## Column: Let's all agree to stop stigmatizing mental health

By **KARIMA NEGHMOUCHE**  
THE PARTHENON

With Suicide Awareness Month coming to an end, comments regarding mental health have been all over the media. According to the National Alliance on Mental Illness (NAMI), suicide is the tenth leading cause of death in the United States, the third leading cause of death for people aged 10-24 and the second leading cause of death for people aged 15-24.

Some argue that suicide is done as an act of selfishness, or a cry for attention — I argue it's a consequence for lack of treatment. Not only is access to mental healthcare hard to receive, a lot of people feel embarrassed to ask for help.

While one-in-five American adults experience mental illness in a given year according to NAMI, only 25 percent of those adults believe that people are caring and sympathetic towards others living with mental illnesses, according to the Center for Disease Control and Prevention.

Is there a stigma towards mental health? Sure. It'd be hard to argue that there's not. But, it's also more than just a stigma. Stigma, which is defined by Merriam-Webster dictionary as "a mark of disgrace associated with a particular circumstance, quality or person," is far too modest. It is a complete discrimination by every meaning of the word. It is the unjust treatment of people that are "different."

Discriminating against the mental ill has been going on since the 19th century, when psychiatric institutions began alienating their patients as treatment. People were placed in these psychiatric institutions for behaving in a way that society didn't agree with. This history laid the blueprint for a lot of horror films and shows — leading into an even more stigmatized society today.

Movies or shows based on insane asylums or psychiatric institutions (American Horror Story) show clichés of "therapy" that are used in order to both entertain — and scare — their viewers. We see treatment with sedation,

straitjackets, medication, alienation and a lot of times electrotherapy and other torturous ways.

Movies aren't real life, right? Right. Mostly everyone can agree that movies are here for our entertainment purposes — and that's all. But, when people who aren't exposed to mental illness watch these movies, whether it subconsciously or consciously, these perceptions can

“Society as a whole has become entirely too comfortable using words and phrases that desensitizes the rest of the world to mental illness.”

carry over to their real life. It portrays mental illness and therapy in a way that is wrong and scary — and with those perceptions in mind, who WANTS to admit that they have a mental illness when it's a phrase directly correlated to fear in others' minds?

It's led to society, possibly inadvertently, discriminating against those who are mentally ill. We're driven by fear from what we've been exposed to in both the media and multiple mediums of entertainment.

Society as a whole has become entirely too comfortable using words and phrases that desensitizes the rest of the world to mental illness. "I'm so OCD," says the perfectionist fixing something. "I'm having severe anxiety over this test tomorrow," says the college student. "I'm so depressed," says the middle-schooler after breaking up with her boyfriend.

Mental illnesses aren't adjectives. OCD is the person who feels as if they can't normally function in society because of intrusive violent or sexual thoughts or other unwanted thoughts. Anxiety is the person who feels like they're being attacked, often times by their own mind, with no escape. Depression is the person who doesn't want to wake up in the morning because they feel that their life is a nightmare.

Making these illnesses seem less than they are ultimately makes it harder for people to be compassionate and understanding towards the illnesses. Mental illnesses should be treated like any other illness — mental illness is a physical illness. Saying that is not true is damaging, offensive and incorrect.

Imagine if we treated physical illness like mental illness. "Have you ever tried ... not having arthritis?" "Chemotherapy? Oh, I don't believe in putting chemicals in my body." "I don't believe diabetes is real. It's all your frame of mind." "The flu? Believe me, I know how you feel, I had a cold once."

I have struggled with mental illness my entire life, in many different forms. I have texted my mom late hours of the night saying "I wish I wasn't so crazy," or "I can't

get these thoughts out of my head," or "I know it's irrational, but I still need to talk to you." I have been on and off anxiety and depression medications since I was fourteen, trying to find the right one.

Finally, at 21-years-old, I have begun to find ways to cope daily with mental illness. It has taken me more than seven years after being diagnosed to find ways to kind-of cope. I had to finally accept that I was more than my illness — that I wasn't JUST a crazy person, that I wasn't psycho, that I wasn't over-reacting, that I wasn't being dumb.

In retrospect, it's sad I ever had to think any of those things. It's sad me being "crazy" became a joke. But, that is all due to the stigma on mental health that I tried to address today. We, as a society, need to show mental illnesses in their true form, for what they are, and educate everyone on the symptoms and treatment for having them.

Take the Stigmafree Pledge by going to [www.nami.org/stigmafree](http://www.nami.org/stigmafree). The Stigmafree Pledge is changing the way the world sees mental health. By taking it, you pledge to learn about mental health issues, see the person and not the illness and take action.

**Karima Neghmouche can be contacted at [neghmouche2@marshall.edu](mailto:neghmouche2@marshall.edu).**

## COMMON MISCONCEPTIONS

Join The Parthenon in its efforts to start a feature column series where Marshall University students, faculty and staff can address common misconceptions and misunderstandings of and about their culture, race, ethnicity or religion in written form.

Columns may be submitted to [parthenon@marshall.edu](mailto:parthenon@marshall.edu) and must abide by the "Be Herd" policy listed above.

Submission does not guarantee a feature.

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Interested in sharing your opinion? The Parthenon is looking for columnists. Columns need to be between 350-500 words and guidelines can be found under the "Be Herd" section on the left-hand side of the page. All columns can be sent to Sara Ryan, the managing editor, at [ryan57@marshall.edu](mailto:ryan57@marshall.edu).

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# Huntington Clean EatZ opens its doors

By **DARIUS BOOKER**  
The Parthenon

A new Huntington restaurant celebrated its grand opening Saturday ushering in a new era of health and wellness to the city.

Clean EatZ is a health chain restaurant that provides an environment for people who are wanting to eat healthy on an affordable budget.

The restaurant focuses on preparing meals with low calories, lower fats, no sugar and no sodium.

Investor and co-owner, Greg George, born and raised in Huntington, West Virginia, was working as a consultant with Clean EatZ when he said he realized that the restaurant's concept was "perfect" for his hometown.

"Huntington has a forty percent obesity rate and I want to do something about it," George said.

George reached out to a childhood friend to pitch the idea of franchising a Clean EatZ restaurant, in a place that he said he believes is in dire need of a health change.

George said their main goal is to help the people that are living in this

community.

"People need what we have," George said. "They're suffering from obesity."

With obesity being a substantial factor in the health statistics in West Virginia, George said he hopes to be at the front end of the change for the community.

He said that its not about the monetary gain, but the lifestyle change for the people of Huntington.

"People are going to lose weight and they are going to live healthier in West Virginia," George said.

The hopes of the owners are to not only bring a healthy era to the town, but to also bring needed jobs to students and members of the community.

After a six-figure investment and a plan that has been in the works since December 2015, the restaurant opened its doors to the public last weekend.

The grand opening celebration included a ribbon cutting ceremony with Huntington Mayor Steve Williams.

**Darius Booker can be contacted at [booker25@marshall.edu](mailto:booker25@marshall.edu).**



check out [marshallparthenon.com](http://marshallparthenon.com) for a photo gallery following legendary singer Tony Bennett's Huntington performance.



## Meet Sasha

Sasha Browning-Constantino is a siamese stray with the brightest blue eyes.

Executive Editor Lexi Browning adopted her earlier this spring from the Itty Bitty Kitty Committee after Sasha was found in a near-death state. She had endured neurological damage in her time on the streets and has a permanent side head tilt as a result.

With the help of IBKC leader Dorella Tuckwiller, Lexi started the adoption process

while Sasha was undergoing treatment for kidney issues. She was given prescription food and lots of love and recovered flawlessly. Sasha spends her time playing with socks, nesting in cabinet drawers and galloping sideways.

**Submit a photograph and brief biography of your pet to [parthenon@marshall.edu](mailto:parthenon@marshall.edu) or tag #ParthePets on Twitter and Instagram for a potential feature.**



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